# Registering on **Anthem** / Completing your Health Risk Assessment



Step 2: Click on For Members, checkbox Medicare, Individual & Family, and Employer Group Plans, and click Register now.



| ember  | ID   |   |  |  |
|--|--|---|--|--|
| Welcome!   |  |   |  |  |
| To register, please select your identification type. |  |   |  |  |
| Already  | y registered? Login Now  |   |  |  |
| RE   | Member ID<br>If we sent you a member ID card, enter that ID number so we can find<br>you in our system.  | >   |  |  |
| <u>●●●●</u>  | Activation Code<br>Activation codes only apply to a very small percentage of our<br>membership. If you have received one by email, use it to register.   | >   |  |  |
|  | Student ID<br>For students at participating colleges, enter your student ID number<br>exactly as it appears on your school ID card.  | >   |  |  |
| <b>\$</b>  | Employee ID<br>Employee ID applies to a very small percentage of our membership. If<br>your employer requires you to use your employee ID number to<br>register, enter that number exactly as provided by your employer. | >   |  |  |
|  | ember<br>Welcu<br>To regi<br>Alread  | ember ID         Welcome!         To register, please select your identification type.         Already registered? Login Now         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you a member ID card, enter that ID number so we can find you in our system.         Image: Comparison of the sent you have received one by email, use it to register.         Image: Comparison of the sent you have received one by email, use it to register.         Image: Comparison of the sent your school ID card.         Image: Comparison of the sent your school ID card.         Image: Comparison of the sent your school ID card.         Image: Comparison of the sent your school ID card.         Image: Comparison of the sent your sent of the sent your se |  |  |

**STEP 4:** Enter your information; Member ID number (found on your Anthem card), First & Last Name, and Date of Birth. Click **Next.** 

| Member ID 🧿   |      |      |
|---------------|------|------|
| ABC123W45678  |      | •    |
|               |      |      |
| First name    |      |      |
| Jane          |      |      |
|               |      |      |
| Last name     |      |      |
| Doe           |      |      |
|               |      |      |
| Date of birth |      |      |
| 01/01/1920    |      |      |
|               |      |      |
|               |      |      |
|               | Back | Next |
|               |      | 1    |

Welcome! Please enter your information.

| <b>STEP 5:</b> Enter your phone number to receive the one-time security code to set up your account. Select your preferred method, either <b>Text</b> or <b>Voice.</b> |
|--|
| To be extra safe, you need a one-time security code to set up your account. Add a new phone number to use for<br>your security code.                                   |
| ○ . Text   |
| 🔿 🌜 Voice  |
| Phone number   |
| 123-456-7891   |
| Once you complete this added layer of security, your new phone number will be saved to your profile.   |
| Back Send  |
| Enter your code, read the options pertaining to device security and pick the appropriate choice.   |
| Enter your security code to continue.  |
|  |
| Required field.  |
| Your one-time security code was sent to 123-456-7891.<br>Enter the six digits to continue.   |
| <ul> <li>Remember my device. This way next time I log in from this device I won't have to<br/>enter a security code.</li> </ul>  |
| <ul> <li>Don't remember my device. It's a public device or I don't use it regularly, so I'll<br/>need a security code next time I log in from this device.</li> </ul>  |
| Next   |
| Didn't get a security code?  |

### **STEP 6:** Enter a username, email and password.

A few last steps! Create or change your user info.

Choose a password that will be easy for you to remember but hard for others to guess.

| Username |      | Email            |   |
|----------|------|------------------|---|
| Password | Ø    | Confirm password | × |
|          | Back | Next             |   |

**STEP 7:** Pick and answer security questions only you will remember. Read the **Privacy Policy** and **Terms of Use**. Click the check mark. The second checkbox is optional. If you wish to receive paperless communications check mark the box, otherwise click on **Complete registration**.

| Select question     | • | Enter answer 1 | Ø |
|---------------------|---|----------------|---|
| Security question 2 |   |                |   |
| Select question     | • | Enter answer 2 | Ø |
|                     |   |                |   |

## Accessing your Heath Risk Assessment

Once you are registered, navigate to **My Health Dashboard** at the top of the screen. Click on **Programs** in the dropdown menu.

### Anthem 🕿





D) Chat

⊖ Learn more

#### Start the assessment test.

WebMD Health Risk Assessment



What it is: When you complete your health assessment, you'll open the door to additional tools that will help you with your custom health goals. You'll be asked questions about your overall health, medical history and things like diet and exercise to get a complete picture of your well-being.

Benefit to you: Each question will help create an overall view of where your health is today so you can take the next step toward improvement - whether you're looking to eat healthier, reduce stress, quick smoking or sleep better.

Cost: Free for plan members and their covered family members.

Getting started: Take the assessment whenever you're ready! It will take about 10 minutes to complete.



Go to Programs



Upon completing the assessment test, print your confirmation found on the health assessment landing page. It should look like this:

| _ |  |
|---|--|
|   | Congratulations  |
|   | JANE DOE   |
|   | You've taken the first step toward greater health awareness and have completed the Health Assessment on 7/27/2023 12:08:13 PM. |
|   | You may <u>print</u> this page for confirmation.   |

You are now ready to send your confirmation to HR at jpoblador@sullicurt.com.